

DEGREE: Bachelor of Science in Family and Consumer Science
 MAJOR: Human Nutrition and Dietetic Science
 OPTION: Pre-Dietetics/Dietetics

2025-2026 Catalog Year
 Created May 2025

Name:
 ID #:
 Advisor/Date:

| Course Subject and Title | Credit Hours | Minimum Grade | Completed | Additional Degree Requirement Notes |
|--|--------------|---------------|-----------|---|
| PRE-DIETETICS | | | | |
| Freshman Fall Semester | 15-16 | | | |
| ENGL 1110G Composition I or 1110H Composition Honors or 1110M Composition I Multilingual | 4 | - | | Common Core Area I - English Composition-Level 1 |
| MATH 1220G College Algebra or MATH 1430G Applications of Calculus or MATH 1511G Calculus and Analytic Geometry or MATH 2530 Calculus III | 3-4 | - | | Common Core Area II Prerequisites: Adequate scores on Math Placement Exam or combo of ACT/SAT and GPA, or C- or better in CCDM 113 N or CCDM 114 N |
| CHEM 1215G General Chemistry I Lecture and Lab for STEM Majors | 4 | C | | Common Core Area III Prerequisite: MATH 1215 or higher, or an equivalent score on the Mathematics Placement Exam |
| Social/Behavioral Science Common Core Course (Recommend: PHLS 1110G Personal Health and Wellness) | 3 | - | | Common Core Area IV |
| ACES 1120 Freshman Orientation or ACES 1210 Financial Fitness for College Students | 1 | | | Not required for the degree or verification statement. Highly recommended if new to NMSU. |
| Freshman Spring Semester | 15 | | | |
| BIOL 2110G/2110L Principles of Biology: Cellular & Molecular Biology and Lab or BIOL 2610G/2610L Principles of Biology: Biodiversity, Ecology, and Evolution and Lab | 4 | C | | Common Core Area III Prerequisite: C- or better in MATH 1215 or higher; C- or higher in CHEM 1120G or CHEM 1215G or CHEM 1216 |
| CHEM 1225G General Chemistry II w/Lab for STEM Majors | 4 | C | | Prerequisites: C- or better in CHEM 1215G |
| ENGL 2130G Advanced Composition or ENGL 2210G or 2210H Professional & Technical Communication or ENGL 2215G Advanced Technical and Professional Communication or ENGL 2221G Writing in the Humanities & Social Sciences | 3 | - | | Common Core Area I - English Composition-Level 2 Prerequisite: C- or better in ENGL 1110G or ENGL 1110H or ENGL 1110M |
| ACCT 2110 Principles of Accounting | 3 | - | | |
| NUTR 2120 Seminar 1 – Becoming a Nutrition Professional (Spring Only) | 1 | C | | Only available in the Spring. Consent of instructor required. Restricted to HNDS majors. |

All students pursuing the Dietetics Option must apply for admission after completion of and/or during concurrent enrollment in the Pre-Dietetics courses.

Pre-Dietetics courses (in blue shading) must be completed and/or enrolled in prior to applying to the Dietetics program.

Dietetics courses (in red shading) can only be completed by Dietetic students who have been admitted into the Dietetics program.

A grade of "C-" does **NOT** qualify as a passing grade for classes that require a minimum grade of "C".

Required courses (without shading) are upper-division courses that can be completed in the junior year prior to admission to the Dietetics program.

Courses listed in **BOLD** are required for application to a dietetic internship, GPAs in the application will be calculated using these classes.

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| Sophomore Fall Semester | 14 | | | |
| NUTR 2110 Human Nutrition | 3 | C | | |
| CHEM 2120 Integrated Organic Chemistry and Biochemistry and Lab (*will accept CHEM 2115 Survey of Organic Chemistry & Lab PLUS BCHE 341 Survey of Biochemistry) | 3 | C | | Prerequisite: CHEM 1225G General Chemistry II Lecture and Lab for STEM Majors |
| ACOM 1130G Effective Leadership & Communication in Agriculture or COMM 1115G Introduction to Communication or COMM 1130G Public Speaking or HNRS 2175G Introduction to Communication Honors | 3 | - | | Common Core Area I - Oral Communication |
| FSTE 2110G Food Science I | 4 | C | | Common Core Area III OR General Education Elective |
| HRTM 1310/2110 Safety, Sanitation, and Health in the Hospitality Industry | 1 | - | | May be waived if student holds current ServSafe Food Protection Manager Certificate |
| Sophomore Spring Semester | 16 | | | |
| HRTM 1320 Food Production and Service Fundamentals | 3 | - | | Prerequisite(s): HRTM 1130 or FSTE 2110G Pre/Corequisite: HRTM 2110 or valid ServSafe Food Protection Manager certificate |
| Humanities Core Course (Recommended: PHIL 1145G Philosophy, Law, and Ethics) | 3 | - | | Common Core Area V |
| NURS 150 Medical Terminology or SPMD 1120 Medical Terminology | 3 | C | | Crosslisted with: AHS 120, BOT 150, and HIT 150. |
| BIOL 354 Physiology of Humans (Spring Only) or SPMD 2210 Anatomy & Physiology I | 3 | C | | Prerequisites: BIOL 2110G and MATH 1220G |
| BIOL 354L Laboratory of Human Physiology (Spring Only) or SPMD 2210L Anatomy & Physiology I Lab | 1 | C | | Corequisite: BIOL 354; Prerequisites: MATH 1220G and BIOL 221 or BIOL 381 or concurrent enrollment in BIOL 354 |
| MATH 1350G Introduction to Statistics or A ST 311 Statistical Applications | 3 | - | | Prerequisite: Adequate score on Math Placement Exam or combo of ACT/SAT and GPA, or C- or better in MATH 1215 or higher |

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| Junior Fall Semester | 15-16 | | | |
| BIOL 353 Pre-Professional Human Anatomy (4 cr.) – (Fall Only) OR SPMD 3210 Anatomy & Physiology II (3 cr.) | 3 | C | | Prerequisite: BIOL 2110G and either CHEM 1120G, CHEM 1215G, or CHEM 1216 |
| BIOL 353L Pre-Professional Human Anatomy Lab (Fall Only) OR SPMD 3210L Anatomy & Physiology II Lab | 1 | C | | Corequisite: BIOL 353; Prerequisite: BIOL 2110G and either CHEM 1120G or CHEM 1215G or CHEM 1216 |
| FSTE 320/4110 Food Microbiology (Fall only) or BIOL 2320 Public Health Microbiology & BIOL 311 Lab or BIOL 311 General Microbiology & BIOL 311 Lab | 4-5 | C | | Prerequisite <u>for FSTE 320</u> : BIOL 2110G and lab or BIOL 2610G and lab Prerequisites for BIOL 311: BIOL 2110G and MATH 1220G |
| NUTR 3110 Nutrition Throughout the Lifecycle (Fall only) | 3 | C | | Prerequisites: NUTR 2110, BIOL 354 + lab or SPMD 2210 + lab |
| HRTM 3310 Quantity Food Production | 4 | C | | Prerequisite: HRTM 1320 |
| Apply to HNDS – Didactic Program in Dietetics <i>**FALL ONLY**</i> | 0 | GPA 3.0 + | | See Student Handbook for Admission Criteria and Application Instructions |
| DIDACTIC PROGRAM IN DIETETICS (DPD) | | | | |
| Junior Spring Semester | 15-16 | | | |
| FSTE Any Upper-division (except FSTE 430) such as: FSTE 325 Food Analysis FSTE 331 Food Preservation FSTE 421 Food Chemistry FSTE 425 Sensory Evaluation of Food (Fall only) FSTE 480 Food Safety | 3-4 | C | | Prerequisite for FSTE 325: CHEM 1215G Prerequisite for FSTE 331: FSTE 2110G Prerequisites for FSTE 421: CHEM 1215G, CHEM 1225G, & CHEM 2115, or consent of instructor. Prerequisites for FSTE 425: FSTE 2110G; MATH 1315 or A ST 311 Prerequisite for FSTE 480: FSTE 320 or BIOL 311 |
| NUTR 3710 Food Systems & Policy in Dietetics (Spring Only) | 3 | C | | Prerequisites: Junior standing & accepted into dietetics program, NUTR 2120, ENGL 2130G (or ENGL 2210G, 2215G, or 2221G) |
| NUTR 3750 Applied Nutrition Research (Spring only) | 3 | C | | Prerequisites: Junior standing & accepted into dietetics program, MATH 1350G (OR A ST 311); NUTR 3110. |
| NUTR 4110 Advanced Nutrition (Spring only) | 3 | C | | Prerequisites: Junior standing & accepted into dietetics program, CHEM 2120; SPMD 1120 or other Medical Terminology; NUTR 3110 |
| Creative and Fine Arts Core Course | 3 | - | | Common Core Area VI |

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| Senior Fall Semester | 14 | | | |
| NUTR 4210 Community Nutrition (Fall Only) | 3 | C | | Prerequisite: NUTR 3710; NUTR 3750 |
| NUTR 4220 Food Service Organization and Management (Fall Only) | 3 | C | | Prerequisite: HRTM 363/3310 |
| NUTR 4230 MNT I (Fall only) (for dietetics students only) | 3 | C | | Prerequisites: NUTR 4110; CHEM 2120 or BCHE 341 Corequisite: NUTR 4230L, NUTR 4233 (HNDS majors only) |
| NUTR 4230L MNT I Lab (Fall only) (for dietetics students only) | 1 | C | | Corequisite: NUTR 4230 (HNDS majors only) |
| NUTR 4233 Nutrition Counseling (Fall Only) (for dietetics students only) | 3 | C | | Prerequisites: NUTR 3750; NUTR 4110 |
| NUTR 4235 HNDS Seminar II – Entering the Field of Dietetics (Fall Only) (for dietetics students only) | 1 | C | | Corequisite: Final fall semester |
| Senior Spring Semester | 16 | | | |
| NUTR 4240 MNT II (Spring Only) (for dietetics students only) | 3 | C | | Prerequisites: NUTR 4230, NUTR 4230L Corequisite: NUTR 4240L |
| NUTR 4240L MNT II Lab (Spring Only) (for dietetics students only) | 1 | C | | Prerequisites: NUTR 4230 Corequisite: NUTR 4240 |
| NUTR 4207 Nutrition Services (Spring Only) (for dietetics students only) | 3 | C | | Prerequisites: NUTR 4210, 4230, & 4230L Corequisite: Final Spring semester; NUTR 4240 & 4240L |
| Viewing a Wider World Core Course | 3 | - | | (each VWW course must be from a different college at NMSU) |
| Viewing a Wider World Core Course | 3 | - | | Recommendations: <ul style="list-style-type: none"> • HIST 308V The History of Food • GEOG 315V World Agricultural and Food Problems • GNDR 381V Women’s Health Issues (cross listed with PHLS 3120V in College of HEST) • LING 302V Language and Society • CEPY 4110V Introduction to Counseling • SOWK 3140V Introduction to Social Policy: History • SPSH 3110V Autism: A lifespan perspective Viewing a Wider World catalog page |
| NUTR 4205 Nutrition Communication and Education (Spring Only) | 3 | C | | Prerequisites: NUTR 3750; NUTR 4210 |

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|--------------------------|--------------|---------------|-----------|-------------------------------------|
| Total | 120-123 | | | |